Homeopathy for Postpartum Hemorrhage/Bleeding

**ARNICA** - bright red mixed w/clots. Rapid, long or traumatic birth. Prolonged pushing or big baby. Mama does not want to be touched, says nothing is the matter w/ her.


**BRYONIA** - dark, profuse bleeding w/ back pain, headache, dry mouth w/ intense nausea, thirst. Worse from slightest movement.

**CARBO VEG** - dark ooze from uterine atony. Cold, pale, blue, worn out. Thready pulse, breathing labored and fast. Hemorrhage passive and slow.

**CAULOPHULLUM** - uterus exhausted from long labor or birth. Generalized weakness. May be retained placenta if too weak to expel it.

**CHINA** - hemorrhage from uterine atony acc. by symptoms of shock (dizzy, ringing in ears, thirst, cold sweat, weak, fainting).


**CINNAMONUM** - placental abruption. Severe bleeding in primip after first few ctx in early labor. Sudden, profuse, bright red.

**CROTALUS HORRIDUS** - PPH so awful that DIC is imminent. Blood loses ability to clot and becomes very thin. Bleeding rapid or continuous oozing. As if blood is dissolving. For blood from tears as well. Blood is dark, thin and w/o clots.

**HAMAMELIS** - slow steady, continuous dark blood that oozes out, unclotted, in women that have tendency to any kind of varicosity. Often no uterine pains w/ flow. Woman usually feels weak from slow, steady blood loss. Shows no alarm or anxiety about bleeding.

**IPECAUANHA** - constant, profuse oozing, gushing of bright red blood. Face is pale, easily faint. Nausea w/ flow. Cutting pains above umbilicus, breathes heavily and gasping during PPH. Bleeding worse from motion.

**KALI CARB** - clots of coagulated blood from a partially adherent placenta, uterine atony, or atony of blood vessels. Secondary PPH occurring one to several weeks postpartum.
LACHESIS- thin, dark, purplish blood. Can look black with charred pieces, bleeding is copious and prolonged. Feels better as flow begins, the less the flow the more the pain. Pain in right ovarian region relieved by gush of blood. Very talkative, jumps from subject to subject. Emotionally passionate, can’t bear anyone touching her throat or pressure on abdomen. Worse on left side, likes open air.

MILLEFOLIUM- bright red, profuse blood that is thin, fluid, painless. Continuous flow. No anxiety. Prolonged obstinate bleeding after hard labor. If predisposed to PPH, give before labor.

PHOSPHORUS- copious, bright red thin blood that may have clots. Tall, slender women w/ history of easy bleeding, and who loves massage, touch, affection. Labor uneventful, placenta complete.

PULSATILLA- PPH secondary to retained placenta/clots. Symptoms change in character. Hemorrhage alternates with labor pains. Strong need for affection, approval, reassurance.

SABINA- active, gushing, bright red, thin flow mixed w/ clots acc. by cramping/pain. Large clots, typically dark colored. Pains begin in low back and extend to pubis. May be retained placenta.

SECALE- passive, continuous trickle bleed. Uterus has no tone, contracts only temporarily w/ massage. Violent irregular ctx which prevent placenta from descending. Homeopathic methergine.

SEPIA- strong bearing down sensation.

TRILLIUM- active or passive PPH from lack of uterine tone in an obese woman. History of hemorrhage after every birth.

USTILAGO- passive, slow, persistent hemorrhage of dark blood with small black clots from lack of uterine tone. Part fluid, part clots. Semifluid but not watery. Oozing of dark clotted blood can form long black strings.

Source:

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